


# “When There’s Nowhere Else to Go— Lessons Learned from Inside the Belly of the Big Fish”

First Baptist Church :: Montgomery, Alabama  
Mark Bethea, Associate Pastor for Evangelism & Outreach

 **Jonah 2** (pages 654-655 in the pew Bible)

## RECAP:

- Jonah, called to go to the Ninevites, **flees** from God
- Sailors threw Jonah **overboard** to calm the **storm**
- A large fish **swallowed** Jonah

## THE PROGRESSION:

vs. 1-2 Jonah **Then Prayed** to God

vs. 3-4 Jonah **Sees God’s Hand** in his **Situation**

vs. 5-6 Jonah **Comes** to the **End** of Himself

vs. 6-9 Jonah **Realizes** From Where His **Salvation** Comes

v. 10 Jonah is **Delivered**