

Discovering Your Priceless Treasures IN CHRIST: *By Defanging the Viper of Anger!*

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♥ Anger is Very Close to **Danger**

📖 *Ephesians 4:26-27 (page 829 in the pew Bible)*

① “Be Angry” - Do an Anger **Analysis**

② “But Do Not Sin” - Anger Responses:

Blow Up

Run Away

Work It Out

③ “Don’t Let the Sun Go Down on Your Anger” - Choose To:

Calm Down

“A man of knowledge uses words with restraint, and a man of understanding is even-tempered.” Proverbs 17:27

Lower the Volume

“A gentle answer turns away wrath, but a harsh word stirs up anger.” Proverbs 15:1

Affirm the Relationship

*“Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.”
Ephesians 4:29*

Seek Unselfish Solutions

“Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves.” Philippians 2:3

Pardon

“Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.” Ephesians 4:32